

Apparel size chart

Mens and Womens Sizes



Finding the right size for you

Grab a friend and a measuring tape and measure to the guides as marked on the figures below.

Please note, all measurements listed below are in centimetres and based on actual body measurements, not garment measurements.



CHEST

Measure around the fullest part of your chest, making sure to keep the tape up under your arms and around your shoulder blades.

WAIST

Measure around the smallest part of your waist (natural waistline).

HIPS

Stand with your heels together and measure around the fullest part.

SEAT

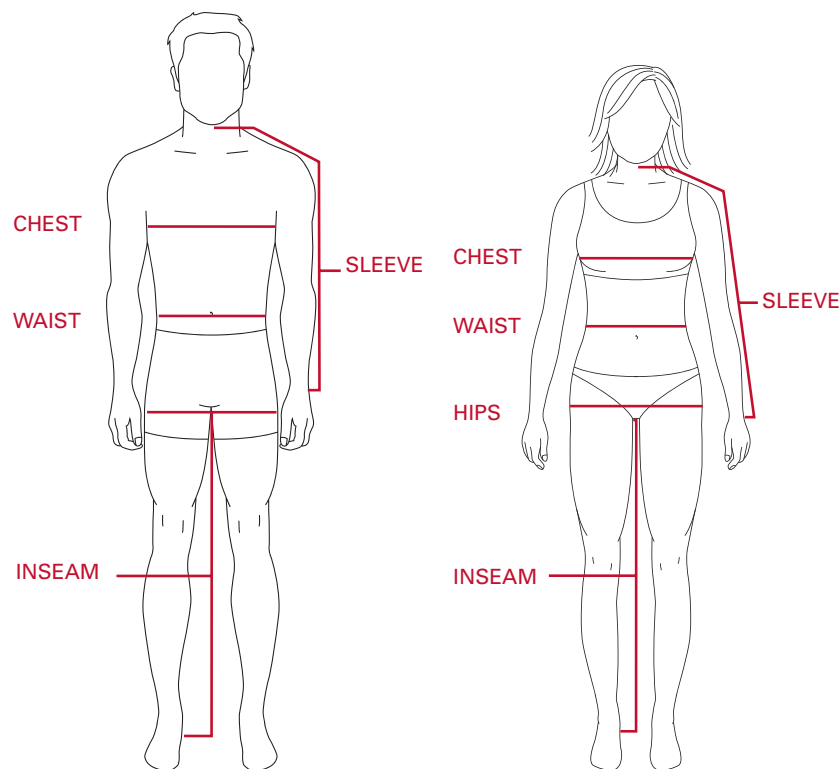
Stand with your heels together and measure around the fullest part.

SLEEVE LENGTH

Bending your elbow slightly, measure from the centre of your spine at the base of your neck, across your shoulder then down your elbow to the wrist.

INSEAM

Measure from your crotch down to the ground.



MENS

SIZE	XS	S	M	L	XL	XXL
CHEST	91	96	101	106	111	116
WAIST	76	81	86	91	96	101
HIPS	91	96	101	106	111	116
SLEEVE LENGTH	85	86	87	88	89	90
INSEAM	82	82	83	84	85	85

WOMENS

SIZE	8	10	12	14	16	18
CHEST	88	93	98	103	108	113
WAIST	68	73	78	83	88	93
HIPS	93	98	103	108	113	118
SLEEVE LENGTH	78	79	80	81	82	82
INSEAM	81	81	82	82	82	82